

SHOP

till you drop

Wear The New Trends At Any Age

DE-STRESS YOUR CHRISTMAS shockingly good gifts **all under \$100**

What does your bedroom reveal about you? p184

PACK THE PERFECT HOLIDAY WARDROBE

FASHION SCENTS
MAKE YOUR PERFUME WORK WITH YOUR STYLE

EMMA WATSON WORKS HER MAGIC P23

portmans
\$30 GIFT CARD
FOR EVERY READER
MINIMUM SPEND OF \$1.00 REQUIRED.
CONDITIONS APPLY (SEE P180).

YOUR PARTY

- ✓ PERFECT HAIR.
- ✓ GORGEOUS MAKE-UP.
- ✓ KILLER OUTFIT.

PREP PLAN!

+ SHAPEWEAR ROADTESTS: BEST EVER SECRET WEAPONS REVEALED



SECRET

Want to make every outfit look better? Well, you could spend a month at a yoga retreat on a juice-fast... or you could spend 30 seconds wriggling into one of these, like we did...

WEAPONS

1

BROOKE, PICTURE EDITOR/FEATURES STYLIST, TESTED: Slimming Camisole, \$65.50 (sml-vv - that's Very Voluptuous to you and me), Bella Bodies, (02) 9481 4519. Available in black, chocolate, latte and red.

“As I took it out of the packaging, it looked better suited to a Chihuahua than a full-sized adult. So it's no wonder it took me a good 20 minutes to get my arms through and stretch it over my head, but boy, did I feel sucked in when I finally managed. It even scored me a couple of compliments - I can't complain about that.”



2

ALEX, SHOPPING EDITOR, TESTED: Seamfree Shaper Tank, \$34.95 (10-20), and Full Briefs, \$28.95 (10-20), both Bonds, 1800 054 321. Available in black and foundation.

“They're Bonds, so straight out you know they're going to be comfy. They did give me a little extra support, but they didn't significantly change my shape. They're a good option when you're after subtle hold - but if you're wearing body-con, you might want to try something a little more heavy-duty.”



3

AMY, BEAUTY AND LIFESTYLE DIRECTOR, TESTED: Shape Enhancer Shorts, \$29.95 (sml-xlge), Blue Illusion, 1800 208 209. Available in black and nude.

“These shorts struck me as firm without being restrictive (I, for one, don't like feeling my organs are being compressed). There wasn't any noticeable butt lift but they're great across the tum - made mine nice and flat all day - and I like the shortie shape. Plus, you can still wear them under a dress or slinky pants if you fancy it.”



4

SARA, EDITORIAL AND PRODUCTION COORDINATOR, TESTED: Seamfree Slim Body Strapless Control Teddy, \$79.99 (10-12, B-DD, 14-16, C-DD), Ultimate Body from Bras N Things, 1300 556 626. Available in black and latte.

“This thing seriously looks like it belongs back in the Victorian era - but after I tried it, I was pleasantly surprised. I loved that it had the built-in bra - great for nights out. It would also be handy to wear under a tight top to avoid any bulges over jeans.”



5

SARAH, ART DIRECTOR, TESTED: Everyday Sculpting Dress, \$39.95 (10-20), Hold Me Tight, (03) 8412 9999. Available in black or mocca.

“Feeling sexy was the most far-off thought I had as I slipped into this fitted slip. In fact, I looked like a raw sausage. The fabric did give quite a bit though, so it was comfy enough to wear all day. My only complaint is it was hard to dress around the semi-high neckline and on-the-knee length. Not ideal for flirty summer dresses.”



6

LAUREN, DESIGNER, TESTED: Seamfree Brief, \$34.99 (8-18), Ultimate Body from Bras N Things, 1300 556 626. Available in black and skin.

“When I put these undies on, I looked great and felt confident. They're some tight little numbers, but they're also surprisingly comfortable. The one thing I didn't really like, though, was that they're so high-cut front and back. I kind of felt like my bum cheeks were falling out a little! But I'll certainly be wearing them again.”